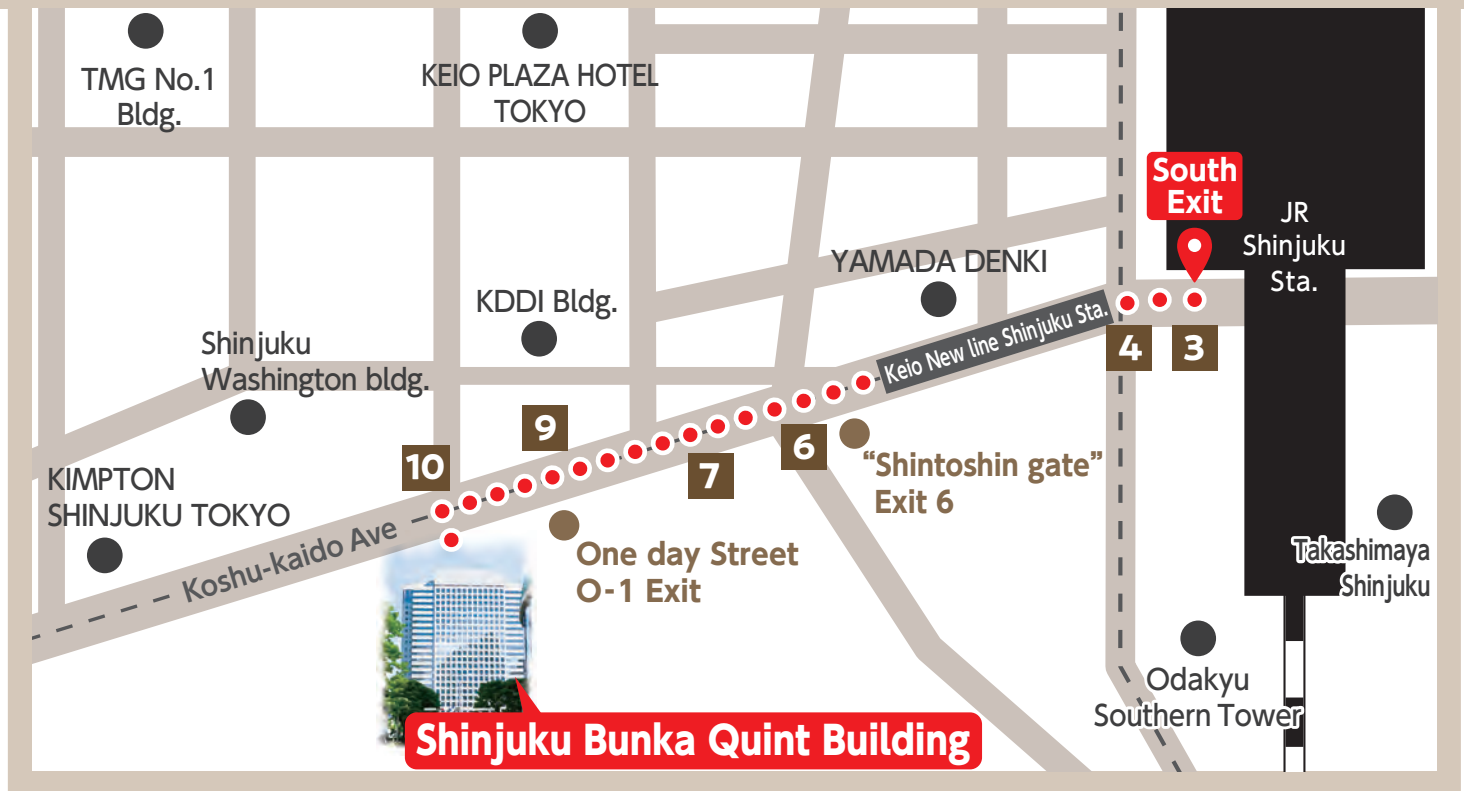


# Meiji Yasuda Shinjuku Medical Center Access Map

## Route by ground



1 Exit the "South Gate" of JR Shinjuku Sta.



2 Cross the Koshu-kaido Ave. by a crosswalk.



3 After cross the road, turn into the right (west), then walk along the Koshu-kaido Ave.



4 Cross the crosswalk at "Nishi-Shinjuku 1-chome intersection" and walk straight.



5 Pass through the bus stop "Tsunohazu 2-Chome".



6 Pass through the "Shintoshin gate" Exit 6.



Pass through the “Nippon Rent Car”.



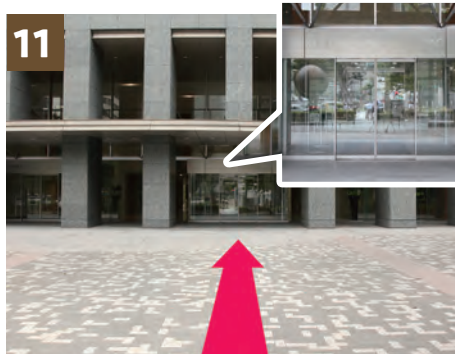
Walk along the road.



Pass through the “One day Street O-1 Exit”.  
\*On rainy days, you can come without getting wet by using the road with a roof on the left.



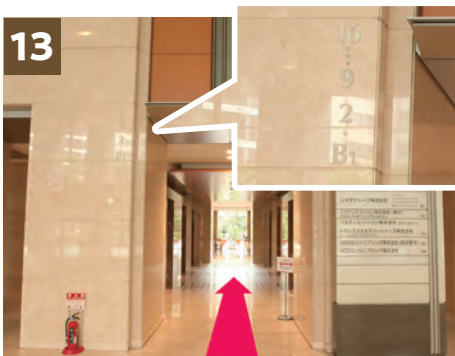
Arrived at “Shinjuku Bunka Quint Building”, a “Globe object” is in front of the building.



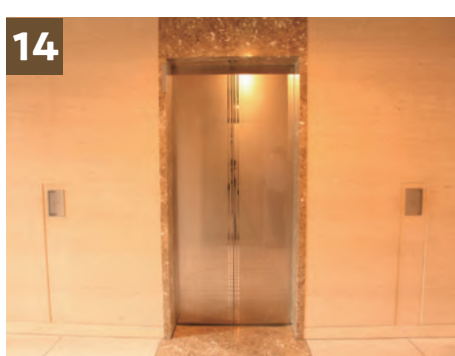
Enter the building through the 2 automatic doors on the left and right.



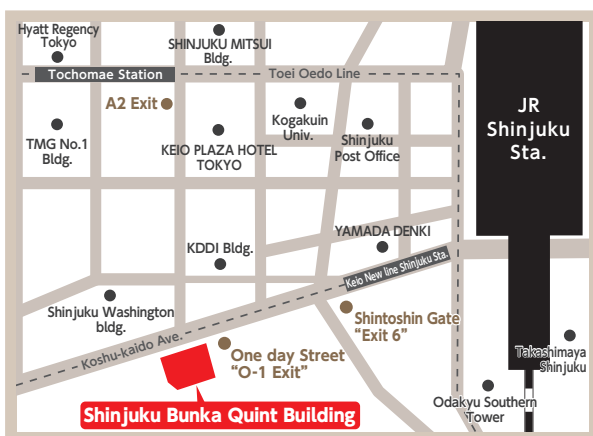
They have 3 elevator sections, please go middle one which show on the sign “16...9. 2. B1”.



Only these 6 elevators go to the 12th floor.



Please take by the elevator to the 12th floor.



### Access by Train

- 4 minutes from Keio New Line, Toei Subway: Shinjuku Line, Shinjuku Station “Shintoshin Exit”  
Exit the “Shintoshin Gate” and proceed through the underpass (One day Street) toward TMG. Go up to the ground from the first exit (Exit O-1) on your left, you will arrive Shinjuku Bunka Quint Building.
- 7 minutes from Toei Subway: Oedo Line, Shinjuku Station  
Exit the ticket gate, turn right and proceed through the underpass toward Exit 8. It'll lead to “One Day Street”, Then go up to the ground from the first exit (Exit O-1) on your left, you will arrive Shinjuku Bunka Quint Building.
- 7 minutes from Toei Subway: Oedo Line, Tochomae Station “A2 Exit”
- 8 minutes walk West on Koshu-kaido Ave., from JR, Odakyu and Keio Line, Shinjuku Station “South Exit”

12th Floor, Shinjuku Bunka Quint Bldg., 3-22-7, Yoyogi, Shibuya-ku, Tokyo 151-0053

Reservations&Inquiries TEL 0570-03-5489 9:00~16:00. Monday to Friday, except on clinic holidays and national holidays.